

Lea Belair, PCC

Agent of the Future

Lea Belair is a thought leader in the field of transformational change. As a partner in the Coaching Center of Vermont, Inc., leader in the coaching profession, and author of *Walk on Water: How to Make Change Easier*, Lea inspires and empowers those she works with to thrive in change. Her passion is to collaborate with companies and organizations to enliven leaders and managers through building a coaching culture.

Lea's background includes over fifteen years of coaching, consulting and training, with a focus on delivering innovative and experiential learning programs. She is a certified trainer for the Change Cycle™ model for organizational change and serves as faculty for the University of Vermont's Vermont Business Center and two coaching schools. She holds the coveted PCC (Professional Certified Coach) credential from the International Coach Federation (ICF). Her program *Mastering Change*, at CoachVille, is accredited by the ICF. Addressing the challenges of stress management, change management, and leadership, she has worked with a variety of large and small businesses and organizations including the University of New Hampshire, Burton Snowboards, Physicians Computer Company and the State of Vermont.

Lea's is also a sought after speaker and presenter, speaking to audiences on the topics *Leading from the Future* and *The Art of Coaching*. She has been a keynote speaker at the Annual CoachVille Conference in Chicago and the Howard Center in Vermont, where she spoke on *Good to Great*. As a Certified Hypnotherapist and NLP practitioner, she was an award-winning speaker at the National Guild of Hypnotists annual conventions.



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