

*A Series Of Six Individual
Coaching Sessions:*

Beyond Time Management for Educators

We will work collaboratively to focus on an area where you would like to create positive change. During individual coaching sessions you will have the opportunity to develop your own goals, overcome obstacles, and move from where you are to where you want to be.

The coaching relationship provides an individualized mix of mind/body/spirit awareness, skills development, straight talk, creativity, planning, accountability, and humor to evoke your personal best.

You will deepen your learning and forward your action, experiencing personal transformation.

Logistics:

The coaching sessions will be forty five minutes long and will be scheduled at a time that is convenient for both of us. You are welcome to e-mail me in between sessions, and I will respond within twenty four hours. Coaching sessions can take place in person or over the phone. We will schedule five 45-minute sessions.

To learn more about me and my coaching style go to www.martygarrett.com.

If you are having trouble making a decision about coaching, I offer a complimentary 40-minute coaching consultation.

Vital Education is a division of:



www.coachingcenterofvt.com
802-654-8787 or toll free: 877-619-2814
Champlain Mill • One Main Street
PO Box 163 • Winooski, VT 05404



Marty Garrett, MA, CPCC, M.Ed

Date, Time and Location:

Individual coaching sessions can be scheduled in person or over the phone at mutually convenient times to meet your needs.

Program Cost:

Values-based coaching program of five sessions: \$475 *

Registration:

Register online at:

<http://www.coachingcenterofvt.com/programs.html>

or contact Marty Garrett directly:

Phone: 802-865-3212

martyg@coachingcenterofvt.com

*This program may be eligible for professional development reimbursement. Check with your Administrator.

The Coaching Center is an approved provider for the VSAC Non-Degree Grant program. Contact Kitty Martin at kitty@coachingcenterofvt.com or call 654-8787 for further information.